



Z Files

Dec 2023



From the President:

The end of the calendar year draws near and I've been reflecting on all that has been achieved by our wonderful members and friends. When I was privileged to take over the role of President we conducted a " Spirit of Zonta" exercise to identify what members valued most about Zonta and the possible future directions. There is no doubt that we have achieved much of what we set out to do.

Our service focus saw 1000 Birthing kits assembled. A large number of Breast cushions have been sown and delivered to the Burnside Breast and Endocrine Unit. Most recently we were supported by friends to pack and distribute over 60 bags of love to women in need. Filing kits have been supplied to young women fleeing DV situations. Our Camilla Louise fashion parade - featuring recycled garments, led by Jenni Foreman is an outstanding example of living with a light touch - Zonta says Now.

Advocacy has continued to build and gain prominence. We have been deeply concerned about the increasing rate of homelessness for mature women and most recently worked very hard to draw attention to the number of women killed by the hands of their intimate partner during the 16 Days of Activism.

We have been focused on raising the profile of Zonta within our community and built and strengthened links with other clubs and organisations. Social media has been used to draw attention to all that we do.

Many goals have been achieved- it's now time to take a break and enjoy family and friends. Thank you everyone.

Season's greetings to you all.

Judy Lovett

Diary Dates

Date	Event
Tuesday 12 Dec	Christmas Celebration
Saturday 3 Feb	Amelia Earhart Event
Tuesday 12 Feb	Club Dinner Meeting

16 Days of Activism

This year the 16 days of activism has gained a great deal of traction. Zonta Clubs across our District have been extremely active. Our own club continued to consolidate our relationship with Burnside Council and for this we are very grateful. Our Caption “57 To Many” really hit the mark, especially when coupled with our 57 pairs of orange shoes – each labelled with the name of a woman who was killed because of domestic violence in 2022. Many visitors were observed just standing and contemplating in front of the display. Powerful indeed!

As I reflect on the 16 Days it is pleasing to see the collaboration with other groups including Rotary, Embolden, NCWSA and Zahra Foundation. Sadly, our own state is seeing a dramatic rise in killings. 6 women killed in 18 days – a very salient statistic. More must be done.

This is a whole of Society issue. Working together we can make a difference. A multi-pronged approach is necessary.

We can but imagine a world without violence.

RESPECT YOURSELF – RESPECT OTHERS



16 Days of Activism

A great collaboration, thanks to the City of Burnside!



City of Burnside

27 November at 12:30 · 🌐

ACTIVISM AGAINST GENDER-BASED VIOLENCE: Until Sunday 10 December we will have various displays within the Burnside Civic Centre for the 16 Days of Activism against Gender-Based Violence, in collaboration with [The Zonta Club of Adelaide/Zonta Adelaide Torrens](#).

As part of these displays 57 pairs of orange shoes can be seen in [Burnside Library](#), with each pair representing a woman killed in Australia by a domestic partner in 2022. These displays provide a space to not only reflect on those who have experienced domestic violence, but also contemplate how we can bring about positive change through open dialogue and support.

Find out more about the 16 Days of Activism against Gender-Based Violence campaign at <https://www.unwomen.org/.../ending-violence-against.../unite>





Our Orange Lady outside the Burnside Community Centre



Zonta Adelaide Torrens

Published by Jenni Foreman · 6 December at 22:40 · 🌐



Day 12 of the 16 Days of Activism against gender based violence.

Tonight, along with other South Australian Zontians, Judy and I supported the National Council of Women South Australia - NCWSA third "Lighting the Icons in Orange" at the Adelaide Oval.

We were joined by Katrine Hildyard MP and Josh Teague MP, who both reflected on the need for cultural change around the behaviour of men towards women.



[#ZontaSaysNO](#)

[#OrangeTheWorld](#)

[#Orange16ways16days](#)





ZONTA

CLUB OF
ADELAIDE
TORRENS INC

**BUILD A BETTER WORLD
FOR WOMEN AND GIRLS**



ZONTA ADELAIDE TORRENS

AMELIA EARHART CELEBRATION

Tour of Australian Space Discovery Centre

Lot 14 North Terrace Adelaide

Saturday 3rd February 2024 @ 2pm

Cost \$10 adult \$5 child to 12 years: All money will be sent to Zonta International to fund Amelia Earhart scholarships for women studying aerospace engineering or space science.

Tickets : <http://www.trybooking.com/CNXFX>



Bags of Love

Recently we packed over 60 Bags of Love ready to bring a little joy to women in need. Bags have been delivered to Catherine House, Malvern Place and St Andrews by The Sea (Glenelg) to give a special gift for women in difficult circumstances. Special thanks to our generous donors.

It is very pleasing to note that our Facebook post about this project reached so many people (see below)!



Post insights



"Bags of Love" 30 Bags were assembled by our club members and guests on Tuesday night and...

Published by Jenni Foreman · 16 November at 16:28 · 🌐

Post impressions ⓘ

1,117

Post reach ⓘ

921

Engagement ⓘ

309

Interactions



112



33



0



4



0



0



Reactions

149



Comments

18



Shares

9



Other clicks

35



Breast Cushion Project

The Zonta Club of Adelaide Torrens has been successful in obtaining Community Grants from the City of Burnside for some years now to help fund our Breast Cushion project. Cushions are donated to women undergoing breast cancer surgery at Burnside Hospital. We were recently acknowledged for this project in the Burnside Community Newsletter "Focus" and a screen grab is shown below. Lovely picture of Shirley too!

Zonta Club Adelaide Torrens – Breast Cushion Project

A self-funded organisation, the Zonta Club Adelaide Torrens provides support projects for girls and women in the local community.

Provided with a Community Grant to support their Breast Cushion Project, funds from the grant were directed towards the purchasing of raw materials required to create the cushions.

These cushions, of which the club produces around 300 per year, are donated to the Burnside Hospital's Breast and Endocrine Centre. Given to patients post-surgery, the cushions provide comfort and assist through the healing process.



Baby Baskets



Baby baskets continue to be supplied to Malvern Place for young women in difficult circumstances. Collaboration with The Zahra Foundation will be investigated in the New Year



Entertainment Books are always available for sale. Books are \$70 and the Club makes \$13 profit per book. To order books online, go to:

<https://subscribe.entertainment.com.au/fundraiser/160042m>

If you have any questions, please contact Lisa Vardon via ATZonta@gmail.com

Service Clubs Association of SA (SCASA) Inc.



Rotary
District 9510

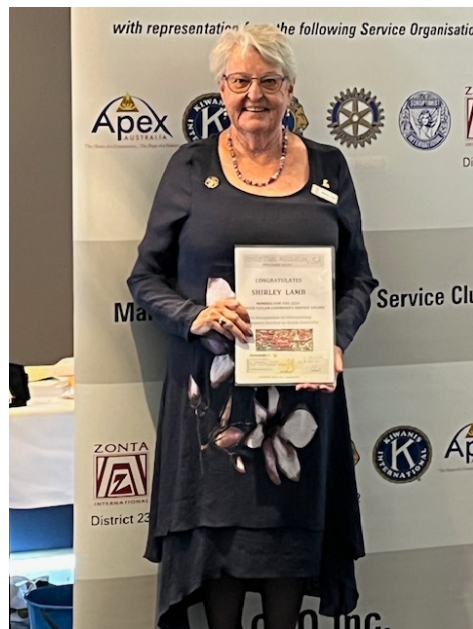


The Zonta Club of Adelaide Torrens was awarded an "Event Award" for our Camilla Louise Fashion Parade.

These fashion parades promote our organisation Zonta to the wider public and have a focus on environmental sustainability. All clothing modelled and for sale is recycled and vintage in origin.

Congratulations to Jenni Foreman and all who worked so hard to make this event such a success!

Club member Shirley Lamb was nominated for the Heidi Taylor Community Service Medal and Prize. She was acknowledged as a very worthy finalist for the award. Congratulations Shirley!



Christmas Celebrations



The Zonta Club of Adelaide Torrens and supporters celebrating a very successful Zonta year and enjoying Christmas dinner and wonderful fellowship!





Zonta Club of Adelaide Torrens

Leadership Team 2023-2024

President: Judy Lovett

Vice-President: Jenni Foreman

Treasurer: Jenny Weaver

Secretary: Prue Cowled

Board Members:

Jenny Hatchard

Marnie Joyce

Lisa Vardon

Our meetings are held on the second Tuesday of the month at The Republic Hotel, 120 Magill Rd, Norwood. 6.00p.m. for 6.30p.m.

Website:

www.zontaadelaide.com.au

Facebook:

Zonta Adelaide Torrens

Mailing Address:

P.O. Box 142 Kensington Rd.,
Kensington Park, 5068.

Email: ATZonta@gmail.com

OBJECTS OF ZONTA

- To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.
- To work for the advancement of understanding, goodwill and peace through a world fellowship of executives in business and professions.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs and to provide mutual support and fellowship for members who serve their communities, their nations and the world.

PS Christmas Jokes of the year

- What is green, covered in Christmas lights and Christmas bulbs, and goes ribbit?
A mistle-toad
- Elves use what kind of money? Jingle bills
- What does Santa suffer from if he gets stuck in a chimney? Claus-trophobia!
- What do you call Santa when he stops moving? Santa Pause
- What happens if you eat Christmas decorations? You get tinsel-it is.

Do feel free to moan!