

From the President:



Diary Dates

Date	Event
Tuesday 13 June	Dinner Meeting
Tuesday 11 July	Dinner Meeting
Saturday 15 July	Birthing Kit Assembly Day
Saturday 29 July	Combined Advocacy Meeting
Saturday 5 August	Camilla Louise Fashion Fundraiser
Sunday 10 Sept	Movie Fundraiser

It is with great pleasure and a little apprehension that I write my first newsletter snippet as President of Adelaide Torrens. I feel that it is a great honour and responsibility. I will do my very best to lead the Club for the next two years.

I'm very passionate about the role of women in Society and have spent many years in the world of girls' education, hopefully inspiring a few on the way! For twelve years I was in local government and experienced the best and worst of working in a male dominated environment! Not a lot surprises me.

Where to now? I am a bit of a risk taker and not afraid to be decisive, however I will be listening to the directions that members feel important and hope that with a clear vision we can all work together to achieve it. Our club has a great blend of long term Zontians and newer members so with wisdom and innovation I'm sure we will forge ahead to continue to leave our mark.

Our future is busy with ongoing service projects and an increased focus on the advocacy roles. Our voices will be raised working collaboratively both within our club and with peers in other clubs. Building strong bonds with like-minded organisations is also a priority.

Special thanks must go to our outgoing President Jenni Foreman. Jenni worked tirelessly for our club, challenged our thinking and showed us different ways of achieving. We wish her well as she undertakes a District role.

Judy Lovett



From our Outgoing President, Jenni Foreman

At our handover dinner we had opportunity to reflect on what is our “why” for being Zontians.

Talking about “what” we do does not allow us to powerfully advocate for Zonta International or for women.

We are not as fluent about talking about our “why”.

What is the answer you give when somebody asks you – Why are you a Zontian?

Talking about “why” we are a member of Zonta International engages our passion and turns us into powerful advocates for the work of Zonta International

The home page of the Zonta International website gives us some clues

Why Zonta?

We believe in making the world a better place by empowering women.

We find joy in doing this in a supportive community of like-minded professionals from diverse countries and cultures.

What will your answer be next time you are asked “why” are you a Zontian?

Two years ago, we also spoke about being on the ZCAT bus and sitting on the right seat on that bus.

We have installed an amazing “driver” for our bus, and we have a strong board who are all sitting in the right seats to ensure that this club has strong and effective leadership.

Our job now is to fill the bus – encourage other women to join us on the journey of making this world a better place for women and girls.

Congratulations President Judy and the ZCAT Board.



Breast Cushion Report



It's been all "go go go" as breast cushion production is in full swing. Our March workshop was very successful with 6 ladies busy stuffing, sewing and packaging ready for Burnside Hospital. We enjoyed a little social time too – partaking in delicious Pizza and a little tippie. There have been a few changes in our production this year as our wonderful sewers from Hilton Hemz retired. Luckily a couple of friends of Zonta have offered to undertake some of the sewing and we thank them very much. Carol and Shirley have been doing a fabulous job cutting the outers from donated fabric. Watch out for our next "Sip & Sew" date.



Upcoming Fundraising Initiatives

SAVE the DATE 🍷🍷🍷

Our next "Camilla Louise" Fashion Parade will be held on Saturday 5th August 2023
More details to follow - put it in your diary now!

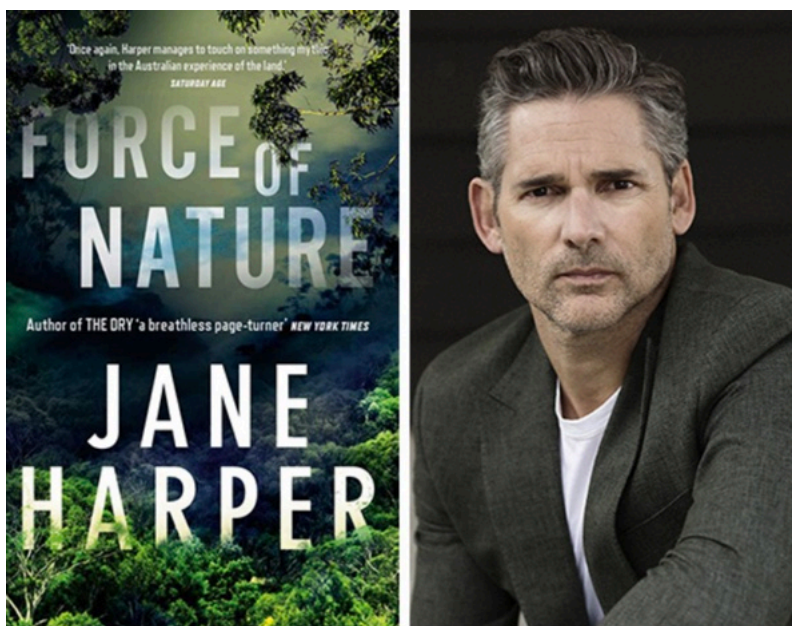




Save the Date!

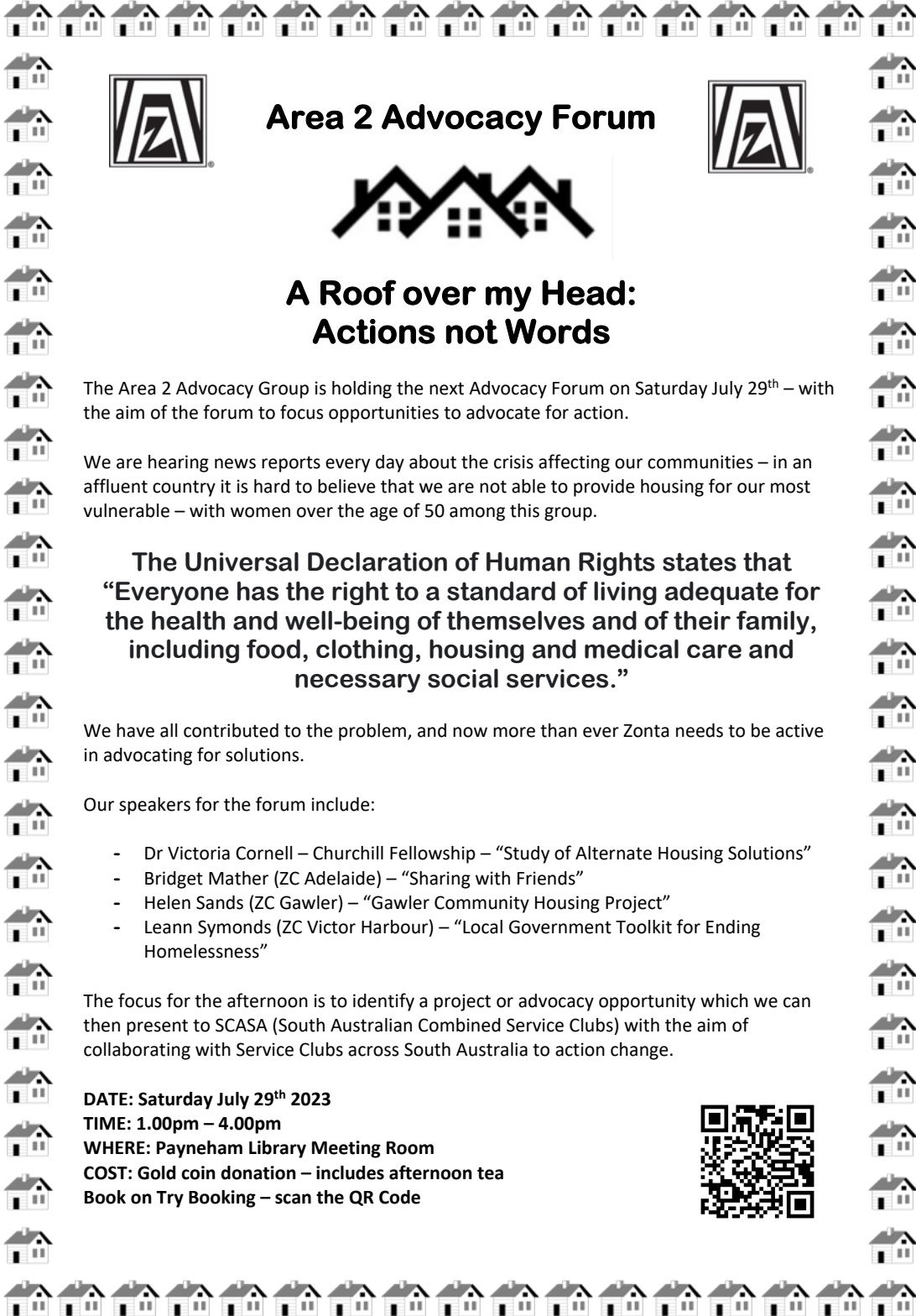
Our next Movie fundraiser will be held at 2pm on Sunday 10th September at the Regal Cinema, Kensington Road, Kensington Park. Booking details will be provided later



It should be a great movie so do join us!




Bana back for 'Force of Nature'

Advocacy Initiatives



 **Area 2 Advocacy Forum** 



**A Roof over my Head:
Actions not Words**

The Area 2 Advocacy Group is holding the next Advocacy Forum on Saturday July 29th – with the aim of the forum to focus opportunities to advocate for action.

We are hearing news reports every day about the crisis affecting our communities – in an affluent country it is hard to believe that we are not able to provide housing for our most vulnerable – with women over the age of 50 among this group.

The Universal Declaration of Human Rights states that “Everyone has the right to a standard of living adequate for the health and well-being of themselves and of their family, including food, clothing, housing and medical care and necessary social services.”


We have all contributed to the problem, and now more than ever Zonta needs to be active in advocating for solutions.

Our speakers for the forum include:

- Dr Victoria Cornell – Churchill Fellowship – “Study of Alternate Housing Solutions”
- Bridget Mather (ZC Adelaide) – “Sharing with Friends”
- Helen Sands (ZC Gawler) – “Gawler Community Housing Project”
- Leann Symonds (ZC Victor Harbour) – “Local Government Toolkit for Ending Homelessness”

The focus for the afternoon is to identify a project or advocacy opportunity which we can then present to SCASA (South Australian Combined Service Clubs) with the aim of collaborating with Service Clubs across South Australia to action change.

DATE: Saturday July 29th 2023
TIME: 1.00pm – 4.00pm
WHERE: Payneham Library Meeting Room
COST: Gold coin donation – includes afternoon tea
Book on Try Booking – scan the QR Code



Zonta Fellowship; Coffee with a Twist

A great afternoon of fun and fellowship - helped along by some bubbles. Jewellery was modified for use in future fundraising activities. Thanks for joining us Lesley Siegloff, our Area 2 director!



Z Files May 2023

AFFLIP (Australian Foundation for Fostering Learning in The Philippines Inc.)

Over the past ten years, the Zonta Club of Adelaide Torrens has provided scholarship funding for thirty-five students in the poorest part of the Philippines, Davao City. These enable girls to continue school for years 4, 5 and 6. Without the funding these students would finish their education at the end of year 3. The scholarship funds provide uniforms, school bags, stationery, school excursions and food. During the Covid lockdown all the students were provided with iPads so that they could receive education in their homes. As a result of the scholarships all the students we have supported have continued to high school. This makes a difference to themselves, their parents and their siblings. It's a very successful outcome indeed!

Carol Pearce (Coordinator)

Birthing Kit Foundation News

Congratulations Prue Cowled and Jenny Weaver for being recognised today as Birthing Kit Foundation Australia Ambassadors. Your passion for providing birthing kits to women in Africa has directly impacted on the health and well-being of thousands of women and children





**YOU ARE
INVITED TO A
BIRTHING KIT
ASSEMBLY DAY**

Hosts: Zonta Club of Adelaide Torrens
Date: Saturday 15 July 2023
Time: 1pm
Venue: Basil Hetzel Institute, The Queen Elizabeth
Hospital, 37A Woodville Road, Woodville South
For more information, contact: Prue Cowled
(ATZonta@gmail.com)



Photo credit: @richardbarakat.photography

Women in STEM



Katherine Bennell-Pegg, Australian Space Agency Director, will make history as the first Australian woman to be trained as an astronaut by an international space agency.

Based in Adelaide, Bennell-Pegg will travel to Germany next month for training hopes to inspire more young people and particularly young women to show it can be done.

“While I’m named as the first to represent Australia, I hope I won’t be the last,” she told the ABC.

There’ve been previous Australian astronauts who’ve flown as citizens of other nations, but Bennell-Pegg will be the first

female to train under the Australian flag.

“It’s been a privilege to play a part in shaping our growing space sector in Australia in recent years and I now look forward to contributing even more through this historic opportunity,” she said in an official statement.

As a child growing up on the northern beaches of Sydney and fascinated with space, Bennell-Pegg didn’t get to see Australian female representation in the space industry. Now she has become a role model for the next generation of female astronauts.

With more than 12 years of experience as a space systems engineer, Bennell-Pegg has already studied and worked across 6 countries in exciting projects such as human spaceflighy missions and technologies, the International Space Station, debris removal concepts, scientific earth observation and space exploration missions.

“I have always dreamed of being an astronaut. When I was young, it was for the adventure but after more than a decade working in space it’s now because I know the role it plays in tackling real-world problems and developing new knowledge that can benefit our society, environment and science,” Bennell-Pegg said.

Her determination will see her receive astronaut training through the European Space Agency, which will run from April until mid-2024. The training will provide Bennell-Pegg with a basic training certification, a requirement to be selected for a space mission.

Wanting to use this experience to “show all Australians that they too can reach for the stars,” as she puts it, Bennell-Pegg hopes to see more young women entering the space industry and notes that “less than 27 per cent of the Australian STEM (science, technology, engineering and mathematics) workforce are women”.

“Women are very much the minority globally,” said Bennell-Pegg.

“Without diversity in our STEM workforce in all its forms, we can’t have the creativity we need to solve the problems of the future.

Reprinted from The Women’s Agenda 8 /3/23

Zonta Club of Adelaide
Torrens

Website:

www.zontaadelaide.com.au

Leadership Team 2023-2024

President: Judy Lovett

Vice-President: Jenni Foreman

Treasurer: Jenny Weaver

Secretary: Prue Cowled

Board Members:

Jenny Hatchard

Marnie Joyce

Lisa Vardon

Facebook:

Zonta Adelaide Torrens

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Our meetings are held on the second Tuesday of the month at The Republic Hotel, 120 Magill Rd, Norwood at 6.00p.m. for 6.30p.m.

OBJECTS OF ZONTA

- To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.
 - To work for the advancement of understanding, goodwill and peace through a world fellowship of executives in business and professions.
 - To promote justice and universal respect for human rights and fundamental freedoms.
 - To be united internationally to foster high ethical standards, to implement service programs and to provide mutual support and fellowship for members who serve their communities, their nations and the world.
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**ZONTA SAYS NO
TO VIOLENCE AGAINST WOMEN**