

From the President:



Alone we can do so little – **together** we can do so much
Helen Keller

Helen sums up beautifully what has been going on in the last 2 months in our club.

While we are few in numbers, each and every member has contributed their time, energy, expertise and experience to achieve great outcomes all focused on making our world a better place for women and girls.

You will read about all of the amazing events as you journey through this newsletter, but here is the executive summary to give you an overview of how amazing our team of Zontians is.

On Saturday July 23rd we corralled at the Basil Hetzel Institute to assemble 1000 birthing kits – a mammoth task given the number of volunteers we had on the day. It was with a sense of achievement that we taped the last box closed at 5.15pm and headed home for a well-earned rest, combined with a medicinal G & T.

8 days later and we were all down at the Capri Theatre with our many friends and supporters to watch “Where the Crawdads Sing”. Given that it was a cold, wet and miserable winters afternoon, watching a movie was certainly a good choice that day.

Diary Dates

Date	Event
11 th Oct	Club Dinner Meeting
18 th Oct	Breast Cushion Workshop
21 Jan 2023	Amelia Earhart Event

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President's report (continued)

A few weeks later we hosted "A Lifetime of Fashion" - we took our guests on a fashion journey which started in the 1940's and journeyed through some unique fashion decades, right through to the present time. Our aim was to show our guests the beauty in fashions which have been discarded by others and encourage them to resurrect these treasures and take them out into the world to shine again.

"Over the years I have learned that what is important in a dress is the woman who's wearing it."

Yves Saint Laurent

And then only a week later we hosted two Area 2 events - a Combined Presidents Meeting and a Combined Advocacy meeting, both at my home. We had a fabulous day, with excellent feedback received from all of the clubs – we had all South Australian Zonta clubs represented at the workshops. The theme for the workshops was collaboration – we are determined to work together #ZontaSA is great!

We had 12 days off before Judy hosted a Breast Cushion workshop at her home, which resulted in the delivery of a significant number of breast cushions to Burnside Hospital to be given to the women attending the Breast Clinic.

And in addition to this, behind the scenes, we are also building a brand-new website and planning for a busy "16 Days" campaign, both under Judy's direction.

For a small group of ordinary women, we really are achieving some extraordinary things at the moment.

Thank you to all of our members for everything that they have contributed in the last two months, we can only achieve what we have because of the contributions of all of our amazing members.

Together – we will make the world a better place for women and girls.

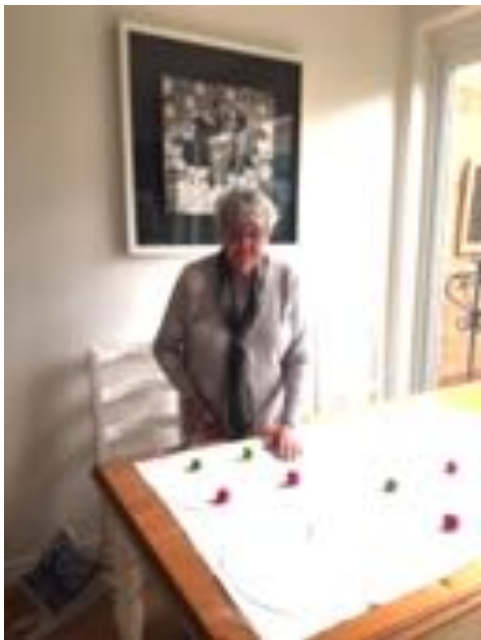
Jenni Foreman



Breast Cushion News



Another great afternoon and evening breast cushion workshop was held at Judy Lovett's home where we sewed, stuffed and wrapped cushions, along with enjoying a good chat! Judy delivered the cushions to Burnside Hospital where they were gratefully received by the staff for distribution to their patients undergoing breast surgery. The next workshop is on Tuesday 18th October where, as well as assembling more cushions, our special guests will be Amelia Mulcahy and camera crew from Channel 7 who will be filming the workshop for later transmission. This is an amazing PR opportunity for us, so many thanks to Judy for facilitating this event. Thanks are also needed to Shirley Lamb and Carol Pearce who have been cutting out the cushion forms from some donated material!



Area 2 Advocacy – “Collaboration is Key”



On Saturday August 27th the first Combined Presidents face to face meeting for the biennium was held at our home. The meeting was chaired by Lesley Siegloff, Area 2 Director and notes taken by Belinda Wise vice Area Director. Lesley welcomed all and gave a special mention of the Presidents/Vice Presidents who travelled including Belinda Wise.

The focus of the meeting was “Collaboration - how can we work closer together?” It was an ideal opportunity for the leaders of all twelve South Australian clubs to discuss common issues and share ideas. There was a great vibe in the room and sharing was at the fore.

A discussion was held about the ZI and D23 Goals 2022 -2024 which the Presidents will take to clubs for further discussion. The Zonta Club of Adelaide Hills has offered to run the 2023 Area Workshop on Saturday 6th May, and the Zonta Clubs of Port Lincoln and of Lower Eyre have offered to run the 2024 Area Workshop in Port Lincoln on Saturday 4th May 2024.

Following a wonderful lunch provided by Shirley Lamb and Jenny Weaver, the Area 2 Combined Advocacy meeting was held

We initially reflected on the SWOT analysis which was undertaken at an Area 2 Advocacy meeting last year. The Advocacy representatives then went on to discuss the South Australian clubs' commitment to being involved in the 16 Days of Activism this year.

Listening to the enthusiasm around the room and the sharing of ideas of each of the clubs it was obvious that Zonta will have an even greater impact on “Orangeing the Community” than we did last year, in our various communities and the City of Adelaide.

I will be preparing a calendar of events for the 16 days, to be shared with other organisations including the National Council of Women, MPs and media outlets.

The whole day was considered a great event enabling members to meet one another and share ideas and resources.

After such a wonderful day, where friendships were forged and an agreement made to continue to work together and share as much as possible, a number of the attendees then turned their minds to the 120th Anniversary luncheon of National Council of Women – SA which was held the next day. The event was a fabulous celebration of what some amazing South Australian women have achieved over the last 120 years.

Jenni Foreman - Area 2 Combined Advocacy Coordinator



Attending the 120th Anniversary luncheon of National Council of Women – SA

Northern Area Senior College

Northern Adelaide Senior College (NASC) is a school of opportunity offering students a chance to complete their South Australian Certificate of Education (SACE) through a variety of Stage 1 and 2 subjects and nationally accredited Vocational Education and Training (VET) courses. It is available to people who have left school early or need to complete high school qualifications. Some of these people are immigrants or refugees.

Our club has been donating sewing materials to the college for some time now and we recently received an update from the textiles teacher. The students used our donated fabrics to learn applique and zip application skills. A picture of their work is shown below.



Carol Pearce

Fundraising



CAMILLA LOUISE

VINTAGE FASHION

"beauty from the past – sustainability for the future"

The Zonta Club of Adelaide Torrens hosted a very successful fundraising event on Saturday 20th August in Kensington Gardens.

"Brooklyn" was built by Sir Edward Holden (the founder of General Motors Holden) in 1911 and the Holden family occupied the home until 1930. This was the childhood home of his daughter, Dame Nancy Buttfield, the first woman in South Australia to enter Parliament.

"A Lifetime of Fashion" took our guests on a fashion journey which started in the 1940's and journeyed through some unique fashion decades, right through to the present time. Our aim was to show our guests the beauty in fashions which have been discarded by others and encourage them to resurrect these treasures and take them out into the world to shine again.

Our passion is all about promoting sustainable fashion; "beauty from the past – sustainability for the future."

"Over the years I have learned that what is important in a dress is the woman who's wearing it."

Yves Saint Laurent

Camilla Louise Fashions was launched at the event as a way of raising funds for the Zonta Club of Adelaide Torrens. As members of Zonta International, our vision and passion is to make the world a better place for women and girls – and we need funds to continue the programs and projects that we run.

Last year we:

- Made 275 Breast Care Cushions and supplied them to patients at Burnside Hospital
- Provided 3 new scholarships for girls in the Philippines to stay in school
- We funded the purchase of 7 solar radios for women in DR Congo
- We assembled 1600 Birthing Kits for distribution to Africa
- We supported the Northern Area Secondary College sewing programs
- We supplied Baby Bundles to new mum's in Adelaide



“Fashion is so much more than just clothes – it triggers memories of events along our life journey – and allows us to express our unique self.”

Guests were greeted at the door by “men in black” and a glass of sparkling wine and treated to an afternoon of live piano music, a fabulous fashion parade and an amazing afternoon tea provided and served by our talented ZCAT members.

A silent auction followed the parade and some amazing bargains were enjoyed by those in attendance.

Our comperes for the afternoon were Rachel Sanderson (former Liberal Minister and State Member for the seat of Adelaide) and Patricia Heard.

The parade was made possible by the generous support from Berri Salvo's Store manager, Helen Adamczyk and her team in Berri.

Jenni Foreman



Fundraising Opportunities

entertainment.

The savvy way to save!

FREE Multi City Upgrade with a Single City Membership purchase. **SAVE \$50!**

SUPPORT US & BUY NOW

BUY
SINGLE CITY
MEMBERSHIP

\$69⁹⁹

GET
UPGRADED TO
MULTI CITY*

~~\$119⁹⁹~~

HURRY!
LIMITED
TIME

SAVE
\$50



<https://www.entertainmentbook.com.au/orderbooks/160042m>





Gift Baskets



The Fundraising Committee and in particular, Pat Webb, have been busy putting together gift baskets. These baskets would make ideal Birthday or Christmas gifts and will be available for sale at club functions during the year. If you are interested, email ATZonta@gmail.com for more details.

People's Choice Community Lottery



Zonta Club of Adelaide Torrens will be taking part in this lottery again this year. Tickets are only \$2 and 100% of the ticket sales go directly to the Club. The prizes are great too! Details will be available shortly and will be posted on our Facebook page.

Days for Girls

The Adelaide Chapter of DfG has continued to work assembling kits during the pandemic, meeting fortnightly during term time in small groups at Susanne Harris's home.

As a result, the following Kits have been sent:

- 100 to Tonga
- 50 (post-natal) to Papua New Guinea
- 51 to Cambodia*
- 1000 to MHDC for DR Congo.

*These kits, made at very short notice, were delivered by representatives of Building Brighter Futures who were travelling to Cambodia. A message had been sent to say that "Tnai Samrap Srey" (Days for Girls Cambodia) had been unable to run women's health workshops as they had not been able to access menstrual hygiene kits. These kits, which are sewn by volunteers all over the world, are usually carried to Cambodia by visiting tourists. Due to the reduction in tourism during Covid, sourcing kits had become very difficult.

The Adelaide Chapter was pleased to be able to respond rapidly to assist the situation.

Joan Möller.



Zonta Club of Adelaide
Torrens

Leadership Team 2022-2023

President: Jenni Foreman

Vice-President: Judy Lovett

Treasurer: Jenny Weaver

Secretary: Prue Cowled

Board Members:

Carol Pearce

Jenny Hatchard

Patrice Webb

Our meetings are held on the
second Tuesday of the month.

Website:

[Under Construction](#)

Facebook:

Zonta Adelaide Torrens

Mailing Address:

P.O. Box 142,

Kensington Park, 5068.

Email: ATZonta@gmail.com



Objects of Zonta International

- To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.
- To work for the advancement of understanding, goodwill and peace through a world fellowship of executives in business and professions.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs and to provide mutual support and fellowship for members who serve their communities, their nations and the world.

PS: Our Facebook page continues to achieve very good coverage! As you will see below, the posts for the Fashion Parade were a particular highlight!

Post Content	Boost Status	Date	People reached	Post engagements	Reactions
Thank you to our amazing f...	Boost post	21 August 2022 at 07:32	305	103	36
Thank you for your su...	Boost Unavail...	21 August 2022 at 07:18	66	16	10
Thank you for your su...	Boost Unavail...	21 August 2022 at 07:16	109	23	16