



### From the President:

Congratulations to our 2022/2023 ZCAT Board members – our first board meeting was full of energy and enthusiasm and I think our entire club will need to hold on tight as we charge through what is going to be an exceptional year.

Our leadership team for this year is as follows:

- Prue Cowled – Secretary & PR/Communications
- Jenny Weaver – Treasurer
- Carol Pearce – Service
- Judy Lovett – Advocacy
- Pat Webb – Fundraising
- Jenny Hatchard – Membership

### Diary Dates

Date	Event
<b>Tuesday 5 July</b>	Club Dinner Meeting
<b>Saturday 23 July</b>	Birthing Kit Assembly Day
<b>Sunday 31 July</b>	Movie Afternoon
<b>Tuesday 9 August</b>	Club Dinner Meeting
<b>Saturday 20 August</b>	Fashion Parade Fundraiser
<b>Sunday 28 August</b>	National Council of Women SA 120 year celebration lunch

I would like to sincerely thank our board members for all generously accepting leadership of one of our club committees. I think that this will create a good foundation for club activities during the coming Zonta year. As a club we need to appreciate that some of our board members are new to the roles they have accepted and will need support from those club members with knowledge and expertise.

I would also like to thank Cathy Heuzenroder for her exceptional handover of all of her roles and responsibilities. In particular, the support she has provided to Jenny Weaver as she takes over the Treasurer's role for ZCAT.

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## President's Report (continued)

### “A Lifetime of Fashion”

We have an exciting fundraiser coming up on August 20<sup>th</sup>.

Some of my friends, and our daughters have organized a Fashion Parade as a fundraising event, and we have offered ZCAT the opportunity to benefit from the funds we raise. The focus on the event will be “sustainable fashion” and there will also be a private collection of vintage dresses paraded, including an original WWII nurse's uniform (along with medals).

We are all aware of the importance of the “Zonta Says Now” call to action, and as part of that we all need to consider the impact that our current disposable fashion industry has on our planet. To align with the “Zonta Says Now” message, I have been collecting good quality recycled fashion items, and these will be paraded and then be made available for sale at the conclusion of the parade.



Club members will be asked to assist with the provision of the afternoon tea.

We will have 70 tickets available for the event, and the ticket price of \$50.00 will include bubbles and live piano music on arrival, afternoon tea, an afternoon of entertainment (and probably some laughs given the expertise of the models) and a raffle ticket. flyer with details of how to book is included below.

The event will be held in our home.

### How can you help?



Rachel Sanderson, former MP for Adelaide, has agreed to be our hostess/compare for the event. She will significantly increase the profile and caliber of our fundraiser. She has asked in return that we support her Quiz night which is being held on July 1<sup>st</sup> and is raising funds for Operation Flinders.

Warren and I are attending, and it would be great if we could get a table of 10 together from our club. I will forward the booking link on our What's App message group.

**OPERATION FLINDERS Quiz Night -  
hosted by ABHS and Rachel  
Sanderson**

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ZCAT Board 2022/2023



Thanks Cathy!

## “Z” the world

A challenge for our club this year, as we are all starting to travel more, is to see how far and wide we can “spread the Z”.

Thanks to Joan and Jenny, our snap jewellery is a very successful fundraiser for our club, and by wearing our “Z” snaps when we travel it is not only a great way of promoting our jewellery, but also spreading the message about Zonta.

Take a photo of your “Z” when you take it to new and exciting places and share the photo on our What's App group. We can use the photos on our FB page to promote our jewellery and to show how far and wide we are spreading the Zonta message.

I think we can “Z” 100 places this Zonta year.

My “Z” was out and about this week supporting Ukrainian Veterinarians at a meeting in Prague. The venue we attended appropriately had the message “Truth and Love will overcome lies and hatred” inscribed on one wall.



## Area 2 Workshop

Thank you to all of our club members who attended the Area 2 Workshop, and in particular to Robyne for her entertaining presentation about our “Baby Bundles”. Our trading table also looked fabulous, and once again Jenny did a fabulous job with snap sales.

*Jenni Foreman*



## Breast Cushion News



The Breast Cushion project continues to roll smoothly with a delivery of cushions being made to Burnside Hospital each month. I was recently greeted by a staff member who said "I get so excited when I see your big bag of cushions arrive"

Special thanks this month to Carol and Shirley who have been cutting and ironing covers ready for sewing and filling. They have been using satin that has been kindly donated.

At the end of June I will be writing a report of the years activities for Burnside Council. Hopefully our grant will be renewed in 2023.

*Judy Lovett*

## Baby Baskets



Robyne gave a wonderful presentation about the baby baths at the last area workshop. The audience were very enthusiastic and we received many positive comments on our project.

Many thanks again to Shirley for the lovely, knitted teddies and other knitted items. Thanks also to Shirley's sister who hemmed around a number of cot and bassinet blankets, and to Jacqui and Judy for baby clothes.

Joan contacted the Association of Ukrainians in S.A. to ask if any of the recently arrived refugee women were pregnant and would like to receive a Baby Bundle. In her reply, Michelle advised that none were pregnant and would be in touch with us if that situation changed as more women arrived in the future. There have been many donations of clothing and furniture; the

most pressing needs are for housing and cash donations or vouchers for supermarkets, Target etc which can be given directly to those in need.

*Jenny Hatchard*

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## Malvern Place

Last week I presented Malvern Place with a baby bundle that had been beautifully presented by Jenny. I also donated some three-ring folders that Cathy had given to me. The support workers were very thrilled with both.

There are two filing kits left on their shelf so I will contact Kaylah to find out whether more are needed at this time.

*Carol Pearce*

## Birthing Kit Project



Our annual Birthing Kit Assembly Day has been booked for Saturday 23 July from 1pm and a flyer is included below. Fundraising for the Assembly Day has progressed very well, thanks largely to “Tupperware for Zonta” and the hard work from our Tupperware representative, our President Jenni Foreman. We have also received some private donations for the Assembly Day, a result of my recent birthday! The venue for the Assembly Day will once again be The Basil Hetzel Institute, thanks to the Facility Manager, Imogen Ball. Looking forward to another successful event and please invite friends and family as “many hands make light work!”

*Prue Cowled, Birthing Kit Coordinator*



Hosts: Zonta Club of Adelaide Torrens

Date: Saturday 23 July 2022

Time: 1pm

Venue: Basil Hetzel Institute, The Queen Elizabeth Hospital, 37A Woodville Road, Woodville South

For more information, contact: Prue Cowled  
([pcowled@senet.com.au](mailto:pcowled@senet.com.au))

## Fundraising Initiatives

Our Fundraising Committee is hard at work! Below are details of a number of our fundraisers, do feel free to join in. Our next film afternoon is fast approaching and will be held on Sunday 31<sup>st</sup> July at the Capri Cinema. The movie is "Where the Crawdads sing" and a flyer with a Trybooking link will be circulated shortly. If you are interested in attending the movie, please email [ATZonta@gmail.com](mailto:ATZonta@gmail.com)



The advertisement features the Entertainment Book logo at the top, followed by the headline "The savvy way to save!". Below this, it offers a "FREE Multi City Upgrade with a Single City Membership purchase. SAVE \$50!". A central orange button says "SUPPORT US & BUY NOW". Two large white circles with dotted borders contain the offer details: "BUY SINGLE CITY MEMBERSHIP \$69<sup>99</sup>" and "GET UPGRADED TO MULTI CITY\* ~~\$119<sup>99</sup>~~". A red circle on the left says "HURRY! LIMITED TIME" and a white circle on the right says "SAVE \$50". The background shows a smiling couple holding ice cream cones.

**entertainment.**

# The savvy way to save!

**FREE Multi City Upgrade** with a Single City Membership purchase. **SAVE \$50!**

**SUPPORT US & BUY NOW**

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**~~\$119<sup>99</sup>~~**

**HURRY! LIMITED TIME**

**SAVE \$50**

<https://www.entertainmentbook.com.au/orderbooks/160042m>



As Zontians we are passionate about making the world a better place for Women & Children, and one very real and effective way of doing that is by making Birthing Kits and providing them to women around the world.

The profit we make from selling Tupperware allows us to make more Birthing Kits - that is our "why" for selling Tupperware.

You purchase a great product and we save lives – use the link below to start shopping! Follow this link to shop 4 Zonta - <https://www.tupperware.com.au/?cld=MjMyMjA0>

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## Gift Baskets



The Fundraising Committee and in particular, Pat Webb, have been busy putting together gift baskets. These baskets would make ideal birthday gifts and will be available for sale at the Movie Afternoon, and other club functions during the year. Please email [ATZonta@gmail.com](mailto:ATZonta@gmail.com) if you are interested in purchasing a basket.

SAVE THE DATE



*A  
Lifetime  
Of Fashion*

20 • 08 • 22

1:30 PM ARRIVAL

\$50 PER TICKET

“Take a walk down memory lane as you enjoy the display of fabulous collection of vintage and sustainable fashions. Fashion is so much more than just clothes – it provides memory hooks for events along our life journey – and allows us to express our unique self.”

A silent auction following the parade will give you the opportunity to take home some of these amazing fashions.

Join us for an afternoon of friendship, bubbles and laughs in a beautiful setting. The start time is 1.30pm for bubbles and the event commencing at 2.00pm

Book through Trybooking; <https://www.trybooking.com/CARQJ> or using the QR Code below





## Adelaide Miethke OBE, Commemoration of her life



Jenny Weaver and myself recently represented the Club at an event at the Cheltenham Cemetery to commemorate the life and work of an eminent woman South Australian woman in Education, Adelaide Miethke. The ceremony was coordinated by The National Council of Women and held on Adelaide Miethke's birthday at the newly restored gravesite. The restoration of the grave was a collaboration between the History Committee of the NCW and Adelaide Cemeteries. There were representatives of many of the organisations where Adelaide had played a major role, School of the Air, Flying Doctor, Girl Guides and Adelaide Miethke

Kindergarten at Woodville. There were also several women, "Miethke Girls" who had lived at the hostel, Adelaide Miethke House, for country women students which was established on Dequetteville Tce.

A few of Adelaide Miethke's achievements;

- First woman Vice-President of the South Australian Public Schools Teachers Association
- First female Inspector of High Schools
- Commissioner of Girl Guides
- State President and National President of the National Council of Women
- President of SA Women's Centenary Council
- State President, Royal Flying Doctor Service
- Conceived and established the School of the Air

A remarkable life indeed and it was a very special event!

*Prue Cowled*



## Zonta Club of Adelaide Torrens

### Leadership Team 2022-2023

President: Jenni Foreman

Vice-President: Judy Lovett

Treasurer: Jenny Weaver

Secretary: Prue Cowled

Board Members:

Carol Pearce

Jenny Hatchard

Patrice Webb

Our meetings are held on the  
second Tuesday of the month.

Website:

[www.zontaadelaidetorrens.org.au](http://www.zontaadelaidetorrens.org.au) (under construction)

Facebook:

Zonta Adelaide Torrens

Mailing Address:

P.O. Box 142,  
Kensington Park, 5068.

Email: [ATZonta@gmail.com](mailto:ATZonta@gmail.com)



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## Objects of Zonta International

- To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.
  - To work for the advancement of understanding, goodwill and peace through a world fellowship of executives in business and professions.
  - To promote justice and universal respect for human rights and fundamental freedoms.
  - To be united internationally to foster high ethical standards, to implement service programs and to provide mutual support and fellowship for members who serve their communities, their nations and the world.
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