

Z Files

February 2023



Diary Dates

Date	Even †
14 March	Club Dinner
	Meeting
24 March	Breast Cushion
	Sip and Sew
	Workshop
11 April	AGM
9 May	Handover
	Dinner

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From the President:

Hi Everyone,

Welcome to 2023

We have had a great start to the year with the successful Amelia Earhart afternoon which the club hosted on January 21st.

In addition to being an aviation pioneer, Amelia Earhart was also a Zontian – she was a member of a worldwide organisation whose members have been passionately advocating since 1919 to make the world a better place for women and girls.

The Zonta Amelia Earhart scholarships were first awarded in 1938 in honour of Amelia Earhart, and since 1938 Zonta has awarded 1,704 Amelia Earhart Fellowships, totalling more than US\$11.3 million, to 1,275 women from 76 countries.

During the afternoon we had the opportunity to learn about the 2022 Amelia Earhart Scholarship winners.

In 100 years, these women will be considered pioneers in their fields – they are studying topics that I don't have any hope of understanding despite a tertiary education.

- the development of autonomous optical navigation algorithms for interplanetary nanosats missions.
- exploring the benefits and limitations of nanosecond discharge ignition.
- research focused on a novel, promising material called electride for application in neutralizer devices electride promises lower operating temperatures and compatibility with new propellants.
- research focused on characterizing the physics of ionic liquid electrospray propulsion systems.
- research focused on characterizing and improving krypton performance on high-power magnetically shielded Hall thrusters.

President's Report (Continued)

We are very proud to have Australian woman, Caroline Hamilton Smith, as a member of the 2022 Amelia Earhart Scholarship cohort.

Ms. Hamilton Smith is passionate about aeronautics, more specifically aerodynamics and acoustics. She is currently an aerodynamics Ph.D. candidate at the University of Sydney, working with experimental and computational cavity flow and energy harvesting, in support of a sustainable future in aviation.

Kerry Doherty was a fabulous guest speaker and she provided us with a fabulous reflection on "Females of the Final Frontier." Kerry's knowledge about all things "space" was extra-ordinary.

Kerrie is a space historian, curator, educator and author of "Australia in Space". Formerly Curator of Space Technology at the Powerhouse Museum, Sydney, she has 35 years' experience in communicating space to the public through museum exhibitions, outreach programs and writing for both popular and scholarly audiences.

Thank you to Prue and Robyn for their leadership of the afternoon, and to Shirley for her invaluable catering skills – the afternoon tea was a highlight.







President's Report (Continued)

Our 16 days of Activism campaign at the Burnside Library was impactful and generated significant community engagement. Judy is to be congratulated for once again managing this event and collaborating successfully with the Burnside City Council.

All Area 2 clubs are to be congratulated on what was an amazing calendar of events across the 16 days, with Zontians from across the Area supporting not only events hosted by their own clubs, but also supporting events hosted by other clubs.

Congratulations to Zonta Club of Gawler for launching their amazing mural project. Our Area Director, Lesley Hills-Siegloff attended this event:

"One fantastic event which I was privileged to attend was the launch of the 'Remembering Courageous Women Mosaic Mural' undertaken by the members of the Zonta Club of Gawler.

The Mural was launched by the Mayor of Gawler and a short speech about Zonta was given by Lesley Sweetman, District 23 Advocacy Chair. Sandra Sullivan a mosaic Artist and member of the Zonta Club of Gawler shared her skills with other members so they could contribute to the development of the Mosaic.

Sandra explained that in designing the Mosaic Mural her intention for the mural was to celebrate women and their children to picture them in a place where their memory is honoured. She wanted to eliminate any political or judgemental elements and instead highlight them in a place of safety and beauty and to pay homage to women, from all different cultures.



So many different symbols representing women are included. A border designed by local Aboriginal women, Kira and Cody from Ngadii Art surrounds the mural, a rainbow works its way across the panels to represent the LGBTQI+ community and among the various other symbols are those relating to feminist beauty i.e. birds and butterflies.

'The mural will be a sacred space, a place of contemplation for those who

choose to sit and reflect. It will serve as a place of remembrance for the Zonta Club of Gawler and the Gawler Domestic Violence Networks'Annual Twilight Vigil which takes place during the 16 Days of Activism in memory of murdered women and victims of Domestic Violence. "

At a club level we are very excited to have launched our new website – check us out at zontaadelaidetorrens.org.au. Judy was instrumental in initiating and managing the redevelopment of our website and the outcome is stunning.

It is important that as Zontians that we are engaging with our online community and showing a fresh, vibrant and active organisation of amazing women who are passionate about making our world a better place for women and children.

Jenni Foreman



SOLAR FOR LIFE PROJECT (DISTRIBUTION OF SOLAR KITS IN DRC)

The Zonta Club of Adelaide Torrens has supported the work of MHCD (Mission in Health Care and Development), Democratic Republic of Congo for a number of years now. We received a recent report (below) on a new aspect of the project and are very happy to see that the Solar for Life project is progressing so well!

"In the Democratic Republic of Congo, 80% of the population do not have electricity. Thousands of people rely on kerosene lamps and candles to light their homes and they must burn wood on open fires to cook and heat water. This is dangerous, harmful, polluting, and expensive. Batteries are widely used to power radios and people often must travel for many miles to charge their mobile phones.

Many traditional midwives, trained midwives and nurses have no lighting at night when delivering babies. Those who are fortunate use traditional kerosene lamps or candles. However, it is difficult for them to get money to buy kerosene or candles because, in the DRC, 80% of the population live on under \$1 per day so life there is very, very difficult. When expectant women go to some midwives after dark, they find that the midwives have no lights in their health centers and maternity clinics. These midwives, who do not have kerosene lamps or candles, are forced to deliver babies in darkness and this can add complications to the deliveries and makes it difficult to save the lives of the mothers and their babies.

In the Democratic Republic of Congo (DRC), power blackouts can mean the difference between life and death in a healthcare situation, but a Solar Kit system is now keeping some Hospitals, Health Clinics and Birth Centre's out of darkness. MHCD (Mission in Health Care and Development), Democratic Republic of Congo, is launching a project called Solar for Life. The project will have 3 main components:

In beginning of this year, we received a report that, in villages, many babies and mothers are dying during childbirth because due to the lack of electricity and good lighting during the night. With access to solar energy lights, women will be able to give birth in much safer conditions.



To solve this problem, MHCD have purchased 300 solar kits of 3 bulbs with Fm Radio, Mobile phone charger and USB for traditional Midwives, Nurses, Clinics, Delivery rooms and Maternity Units in Uvira Territory, DRC. The solar kits have provided good lighting to the midwives, and they have been able to consult and conduct birthing of babies at night without any problems. It also provides lights for the traditional midwives' families and their children can study in good conditions at night thereby helping with their education.

The Solar Kits have access to Fm Radio so the midwives can listen to Impact Radio every day

without having to buy batteries. They will also be able to charge their mobile phones for free. The Solar Kits have been a great solution to many of their problems and will make their work and lives much easier. Solar kits distribution has been one of the greatest projects that MHCD has carried out.

Our vision was to distribute 300 kits in this year 2022 and am so grateful to God because we achieved our goal, and we distributed 300 kits. We also gave kits to MHCD staffs to thank them for the great work they are doing in helping many people in different ways. All those who received the solar kits



really thank MHCD and they testified saying providing them with light was like giving them life again. They told us on their behalf that we thank all those in Australia who contributed to this project in one way or another. We as MHCD take this opportunity to thank all MHCD Australian friends who participated in the fundraisings and donated solar kits. You really saved lives of many babies, women, and traditional midwives. We received many testimonies and thanks from people who received the kits.

Dr Luc and the MHCD Staff

From Zonta International;

Important Dates

- 6 February: International Day of Zero Tolerance to Female Genital Mutilation
- 8 February: <u>CSW Study Group</u> | <u>Zonta International Strategic Planning Member Survey Insights</u>
- 11 February: International Day of Women and Girls in Science
- 20 February: World Day of Social Justice
- 20 February: Zonta International Headquarters closed in observance of a national holiday
- 23 February: Pre-CSW Orientation
- . 6-17 March: 67th Session of the Commission on the Status of Women
- 8 March: Rose Day | International Women's Day
- 14-16 April: Asian Inter-District Meeting
- 28-30 April: <u>European Inter-District Seminar</u>



Fundraising

Entertainment Book Sales



This special offer is available until 23 February. To order books online, use the QR Code below or go to: https://www.entertainmentbook.com.au/orderbooks/160042m



Breast Cushion Project Report



Breast Cushion Production is underway again. I delivered 12 to Burnside in early February and Jenny H has completed another bundle ready to deliver before the end of the month. The article in the Senior has drawn several responses from the general public and we have had 2 beautiful bags of fabric donated.

Our next "Sip & Stitch" will be at Judy's place on Friday 24th March @ 5pm. There will be jobs for everyone! Stuffing, sewing and wrapping. Bring any interested friends to join us.

Judy Lovett

News from the District 23 Breast Cushion Coordinator

Thank you so much to the club coordinators that provided reports for the six months ended 31 December 2022.

I have collated the data provided by 27 of the 30 clubs involved and produced the attached summary for your information.

Overall distribution 2022 calendar year:

6 months to 30 June 2022 - 2937 cushions

6 months to 31 Dec 2022 - 2813 cushions

TOTAL 5750

Jasmine Koch



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Zonta Club of Adelaide Torrens

Leadership Team 2022-2023

President: Jenni Foreman

Vice President: Judy Lovett

Treasurer: Jenny Weaver

Secretary: Prue Cowled

Board Members:

Jenny Hatchard

Pat Webb

Our meetings are held on the second Tuesday of the month at the Republic Hotel, 120 Magill Rd, Norwood. 6.00p.m. for 6.30p.m.

Website:

www.zontaadelaidetorrens. org.au

Facebook:

Zonta Adelaide Torrens

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OBJECTS OF ZONTA

- To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.
- To work for the advancement of understanding, goodwill and peace through a world fellowship of executives in business and professions.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs and to provide mutual support and fellowship for members who serve their communities, their nations and the world.

Thanks to our sponsors and funding bodies for their support with our Breast Cushion Project!







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